



NATIONAL BANK CENTRE

How to Set Up your Wellness Membership at National Bank Centre

1. Go to the website - www.nbcwellness.ca
2. Click Membership in the top bar.
3. Select NBC Wellness Membership.
4. Click Fitness Centre Waiver to download the Waiver form.

Please Download and Sign the associated waiver, and complete the form below.

Fitness Centre Waiver
 Reserved Bike Parking Waiver
 Regular Bike Parking Waiver

Complete the following details

First name *

Last name *

Email *

Phone *

[Questions? Let's Chat!](#)

NBC Wellness Membership

NBC Wellness Membership

\$0

Access to group fitness classes, community group and more!

Valid until cancelled

5. Fill out the downloaded form, sign the bottom and save to your computer.
This is a fillable form and you are able to do it directly on your computer.

Epic

National Bank Centre
FITNESS AND WELLNESS CENTRE

ACCESS FORM
AND
WAIVER, RELEASE AND INDEMNITY AGREEMENT

Participant Name ("Participant") Phone

Tenant Company Name Email

Address City/Town Province Postal Code

Building Access Card # (11 six digits) D.O.B

****IMPORTANT: PLEASE READ CAREFULLY BEFORE SIGNING.****

This Waiver, Release and Indemnity Agreement ("Waiver") will affect your legal rights and liabilities, including the right to sue and recover damages for injury.

Every participant must read and sign this Waiver prior to becoming a member of and using the National Bank Centre Fitness and Wellness Centre (the "Fitness Centre"). "Fitness Activities" shall mean all activities at and uses of the Fitness Centre by the Participant, including but not be limited to any personal training instruction and activities, any exercises, use of the indoor or outdoor facilities, use of any machinery, equipment and/or weights, participation in any fitness and exercise programs and any services provided to the Participant in connection with their use of the Fitness Centre by The Manufacturers Life Insurance Company and Abair Holdings Ltd. (the "Epic Investment Services (Alberta) Inc.", their respective employees, trainers, servants, contractors, licensees and agents (collectively, "Epic").

In consideration and as a condition of the undersigned Participant's access to and use of the Fitness Centre, the Participant, for themselves, their heirs, executors, administrators and assigns, hereby covenants and agrees to the following:

6. Go back to the membership page and fill out the same information on the website.

Complete the following details

First name *

John

Last name *

Smith

Email *

johnsmith@johnsmith.ca

Phone *

+1

NBC Wellness Membership

NBC Wellness Membership

\$0

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7. Scroll down, click the button that says upload file. Upload your DOWNLOADED waiver here.

Registration form fields:

- Empty text input field
- Birthdate *
 - Year:
 - Month:
 - Day:
- Company name *
- Building Access Card # (1st 6 digits) *
- Upload Signed Fitness Waiver *
 - (circled in red)
-

8. Click Continue to Checkout.
9. Click Sign Up.

CHECKOUT

Log in

To purchase these items, log in to your account or sign up.

(circled in red)

Customer details

Review & place order

Order summary (1 item)

- NBC Wellness Membership \$0.00
- Duration: Until canceled

Subtotal \$0.00
GST/HST \$0.00
Total \$0.00

Your subscription is free until canceled.

10. Add your name and phone number.

CHECKOUT

Logged in as info@jaxfitness.ca

Customer details

First name * Last name *
Enter a first name. Enter a last name.

Phone *
Enter a phone number.

Order summary (1 item)

- NBC Wellness Membership \$0.00
- Duration: Until canceled

Subtotal \$0.00
Tax \$0.00
Total \$0.00

11. Click Save and Continue.
12. Click the box that agrees to the plan policy, and click Place Order.

Review & place order

Review your details above and continue when you're ready.

I agree to the [Plan Policy](#) *

Subtotal \$0.00
Tax \$0.00
Total \$0.00

13. You are done!

Please allow 24 hours your card to be activated for the Fitness Centre.

Tips

1. If you are unable to access the website or waiver is not uploading - it may be blocked by your company's firewall.
 - a) Use a personal cellular device with personal data.
 - b) Complete at home on your home wifi.